



Over the Counter Medications List

****Limited to four items per family, per week ****
*****Subject to TRICARE approval and product availability*****

Fever and Pain Reducers

- **Acetaminophen (Tylenol)**
 - ☐ Tablets 325mg (6 & over) *10 day supply*
 - ☐ Chewable tablets 80mg (2 & over) *7 day supply*
 - ☐ Liquid 160mg/5mL (ages 2 & over) *7 day supply*
- **Ibuprofen (Motrin)**
 - ☐ Tablets 200mg (12 & over) *7 day supply*
 - ☐ Liquid 100mg (2 & over) *7 day supply*

Skin Care

- **First Aid Antibiotic Ointment**
 - ☐ Bacitracin Ointment *7 day supply*
- **Anti-Itch Cream**
 - ☐ Hydrocortisone 1% Cream (2 & over) *7 day supply*
- **Moisturizer**
 - ☐ Aquaphor (1 jar per family) *30 day supply*

Antifungal Creams

- **Vaginal Yeast Infection**
 - ☐ Gyne-Lotrimin 1% Vaginal Cream (12 & up) *7 day supply*
- **Athlete's Foot, Jock Itch, Ringworm**
 - ☐ Lotrimin 1% Cream (2 & over) *7 day supply*

Emergency Contraception

- **Levonorgestrel Plan B**
 - ☐ Tablet 1.5mg (female) *1 day supply*

Heartburn/Acid

- ☐ **Maalox Suspension** (12 & over) *7 day supply*

Lice Treatment

- ☐ **Permethrin 1% Shampoo** (2m & up) *7 day supply*

Vitamins

- **Vitamin D3**
 - ☐ Tablets 1000IU (18 & over) *100 day supply*
- **Prenatal Vitamins**
 - ☐ Tablets (18 & over female) *100 day supply*

Decongestant - for nasal congestion

- **Oxymetazoline (Afrin)**
 - ☐ Nasal Spray 0.05% (>6yrs) *7 day Supply*
- **Saline (Ocean)**
 - ☐ Nasal Spray 0.65% *7 day supply*

Antihistamine - for sneezing, runny nose, itchy eyes and throat

- **Diphenhydramine (Benadryl)**
 - ☐ Capsules 25mg (6 & over) *7 day supply*
 - ☐ Liquid 12.5mg/ 5mL (6 & up) *7 day supply*
- **Loratadine (Claritin)**
 - ☐ Tablets 10mg (6 & over) *90 day supply*
 - ☐ Liquid 5mg/5mL (7 & over) *12 day supply*
 - ☐ Liquid 5mg/5mL (2 to 6) *24 day supply*

Lozenges - for sore throat

- **Cepacol**
 - ☐ Lozenges (5 & over) *7 day supply*

Expectorant - for cough and chest congestion

- **Guaifenesin (Robitussin)**
 - ☐ Liquid 100mg/5mL (12 & up) *7 day supply*
- **Guaifenesin-Dextromethorphan (Robitussin DM)**
 - ☐ Liquid 100mg/5mL (12 & up) *7 day supply*

Cold and Allergy Remedies

Walk-in to the Pharmacy during regular business hours to request OTC Medications.